

I AM
Cruising

Traye Gaines
Skin Cancer & Leukemia
Survivor Since 2005

CRUISING along toward better days. My treatment left me with a long road to recovery, but with the help of my family I am feeling stronger every day. Keeping a positive attitude puts me in the driver's seat of life.



August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	Ramadan begins at sundown		19	20
21	22	23	24	25	26	27
28	29	30	31			

Looking to relax, rejuvenate and reconnect with nature? Attend Camp Phoenix! Presbyterian Buddy Kemp Cancer Support Center sponsors this annual fall overnight retreat for cancer survivors and their families. Call 704-384-5223 for registration information.

Notes